

# An International Review of the use of Bibliotherapy by Play Therapists

This study has received Charles Darwin University ethics approval [Reference Number: H20058]

You are invited to participate in an online survey that examines the practices of play therapists and their use of books within sessions with clients, and whether the current COVID-19 crisis and the increase of Telehealth has increased the use of stories amongst practitioners. This research project is being conducted by Charles Darwin University as part of the Master of Play Therapy program.

Play is an important part of child development and is one of the earliest ways children make connections with people and the environment. Children attend Play Therapy for a variety of reasons. Within a Play Therapy session, the Play Therapist can utilise a diverse range of mediums and approaches to working with the child which can be influenced by their theoretical orientation, training and background. One such tool is the use of story books that the Play Therapist may share with a client.

This research project aims to investigate if Play Therapist's use books within a session and if so, how often and what that may look like. It will also examine the impact of COVID-19 and Telehealth The Plain Language Statement further explaining the purpose and the structure of the survey can be found requested.

This project has obtained ethics approval by Charles Darwin University. Participation is completely voluntary and all responses are anonymous. We hope you can find the time to share your most valuable first-hand experience. The survey should take no longer than 10 minutes to complete.

Should you have any queries regarding this project you can contact Mrs Sarah Gentle (Student Researcher) on [sarahnarelle.gentle@cdu.edu.au](mailto:sarahnarelle.gentle@cdu.edu.au) or Dr Michelle Moss (Principal Researcher) on [michelle.moss@cdu.edu.au](mailto:michelle.moss@cdu.edu.au) .

If you have any complaints about any aspect of the project, the way it is being conducted or any questions about your rights as a research participant, then you may contact:

The Human Research Ethics Office Charles Darwin University Darwin, NT 0909.

Email: [ethics@cdu.edu.au](mailto:ethics@cdu.edu.au)

Telephone: (08) 8946 6063

Toll Free: 1800 466 215

Please quote project number [Reference Number: H20058].

Thank you for your time and contribution to this research project. Your experience and insight as a Play Therapist will assist us and your peers to better understand how creative interventions are used across the world with our clients.